

HULL GALA TIMETABLE SATURDAY MARCH 6th – FIG ‘B’, FIG ‘A’ + Synchro

Please take careful note of the following Gala notes:

- 1) Please note that the organisers reserve the right to run one hour ahead of scheduled time.
- 2) You are not permitted to change your scheduled flight.
- 3) Warm up will be general and will last for as long as the time specified for your flight. There will be no warm up cards.
- 4) There will be one warm up prior to competing, then both routines will run consecutively.
- 5) You must be ready with your spotters in place for competition.
- 6) Finalists who competed in Flight 1 of a two flight competition and Flights 1 & 2 of a three flight competition will have two further warm up opportunities. All other finalists will have one further warm up only.
- 7) The Senior Men’s synchro may not commence warm up until the MENS competition has concluded
- 8) Please make sure that you have read the new competition rules for gala events. There are several significant changes.

NB Panels 2 and 3 have a choice of trampoline bed between the new 4x4mm bed and the existing 6x4mm bed. You will use the new bed at the discretion of your coach.

Panel 1

U15 Synchro G
No 1 to 10
9.00-9.30 W.U.
9.30-10.10 Compete

U15 Synchro G&B
No 11 to 15 & 1 to 5
10.10-10.40 W.U.
10.40-11.20 Compete

U15 Girls
No 1 to 11
11.20-11.45 W.U.
11.45-12.20 Compete

U15 G & B
No 12 to 18/1 to 5
12.20-12.50 W.U.
Judges Lunch
12.50-1.25 Compete
Finals 1.25-1.55

Senior Mens Synchro
No 1 to 13
3.20-4.00 W.U.
4.00-4.40 Compete

Panel 2

U19 Boys
No 1 to 15
9.30-10.05 W.U.
10.05-10.50 Compete

U19 Boys
No 16 to 30
10.50-11.25 W.U.
11.25-12.10 Compete
Final 12.10-12.30

MEN
No 1 to 9
12.30-1.00 W.U.
1.00-1.45 Compete

MEN
No 10 to 18
1.45-2.15 W.U.
Judges Lunch
2.15-3.00 Compete
Final 3.00-3.20

LADIES
No 1 to 12
3.20-3.55 W.U.
3.55-4.35 Compete
Final 4.35-4.55

Panel 3

U19 Girls
No 1 to 13
12.30-1.00 W.U.
Judges Lunch
1.00-1.45 Compete

U19 Girls
No 14 to 28
1.45-2.15 W.U.
2.15-3.00 Compete

U19 Girls
No 29 to 42
3.00-3.30 W.U.
3.30-4.15 Compete
Final 4.15-4.35

Panel 4

Senior Ladies Synchro
No 1 to 14
9.00-9.40 W.U.
9.40-10.25 Compete

Senior Ladies Synchro
No 15 to 28
10.25-11.10 W.U.
11.10-11.55 Compete

19+ Men
No 1 to 10
11.55-12.20 W.U.
12.20-12.55 Compete

19+ Men
No 11 to 20
1.05-1.30 W.U.
Judges Lunch 12.55-1.25
1.30-2.10 Compete
Final 2.10-2.30

19+ Ladies
No 1 to 10
2.30-2.55 W.U.
2.55-3.30 Compete

19+ Ladies
No 11 to 19
3.30-3.55 W.U.
3.55-4.30 Compete
Final 4.30-4.50

HULL GALA TIMETABLE
SUNDAY MARCH 7th NATIONAL 'C'

- 1) You are not permitted to change your scheduled flight.
- 2) Warm up will be general and will last for as long as the time specified for your flight. There will be no warm up cards.
- 3) There will be one warm up prior to competing with both routines subsequently running consecutively.
- 4) You must be ready with your spotters in place for competition.
- 5) Finalists who competed in Flight 1 of a two flight competition and Flights 1 & 2 of a three flight competition will have two further warm up opportunities. All other finalists will have one further warm up only.
- 6) U13 Girls and Boys may have their panel changed if another panel is running well ahead of time.
- 7) Please note that the organisers reserve the right to run one hour ahead of scheduled time.
- 8) Please make sure that you have read the new competition rules for gala events. There are several significant changes.

NB Panels 2 and 3 have a choice of trampoline bed between the new 4x4mm bed and the existing 6x4mm bed. You will use the new bed at the discretion of your coach.

Panel 1 U17 Girls No 1 to 12 9.00-9.25 W.U. <u>9.25-10.05 Compete</u>	Panel 2 U15 Girls No 1 to 15 9.00-9.30 W.U. <u>9.30-10.15 Compete</u>	Panel 3 19+ Ladies No 1 to 15 9.00-9.35 W.U. <u>9.35-10.20 Compete</u>	Panel 4 U19 Boys No 1 to 15 9.00-9.40 W.U. <u>9.40-10.30 Compete</u> Final 10.30-10.50
U17 Girls No 13 to 23 10.05-10.30 W.U. <u>10.30-11.10 Compete</u>	U15 Girls No 16 to 30 10.15-10.45 W.U. <u>10.45-11.30 Compete</u>	19+ Ladies No 16 to 31 10.20-10.55 W.U. <u>10.55-11.45 Compete</u> Final 11.45-12.05	U19 Girls No 1 to 11 10.50-11.15 W.U. <u>11.15-11.55 Compete</u> Final 11.55-12.15
U17 Girls No 24 to 34 11.10-11.35 W.U. <u>11.35-12.10 Compete</u> Final 12.10-12.30	U15 Girls No 31 to 45 11.30-12.00 W.U. <u>12.00-12.45 Compete</u> Final 12.45-1.05	19+ Men No 1 to 9 12.05-12.30 W.U. <u>12.30-1.05 Compete</u>	U19 Girls No 12 to 24 12.15-12.40 W.U. <u>12.40-1.15 Compete</u>
U17 Boys No 1 to 10 12.45-1.05 W.U. Judges Lunch 12.30-1.00 <u>1.05-1.40 Compete</u> Final 1.40-2.00	U15 Boys No 1 to 15 1.05-1.35 W.U. Judges Lunch <u>1.35-2.20 Compete</u> Final 2.20-2.40	19+ Men No 10 to 19 1.05-1.35 W.U. Judges Lunch <u>1.35-2.05 Compete</u> Final 2.05-2.25	U19 Girls No 25 to 35 1.25-1.50 W.U. Judges Lunch 1.15-1.45 <u>1.50-2.25 Compete</u> Final 2.25-2.45
U13 Girls No 1 to 17 2.00-2.35 W.U. <u>2.35-3.15 Compete</u> Final 3.15-3.35	U13 Boys No 1 to 6 2.25-2.40 W.U. <u>2.40-3.00 Compete</u> Final 3.00-3.15		

Double Mini Trampoline - Timetable

Hull - Sat/Sun 6/7 Mar 2010

Please note that we will be using only one DMT for warm-up and competition.

Competitors will get a general warm-up

and then be allowed 2 controlled passes before competing.

Saturday Timetable

Warm-up		Competition	
Start	Finish	Start	Finish
09:00	09:10	09:10	09:30
09:30	09:40	09:40	10:00
10:00	10:10	10:10	10:30
10:30	10:40	10:40	11:00
11:00	11:10	11:10	11:30
11:30	11:40	11:40	12:00
12:00	12:10	12:10	12:30
12:30			
13:00			
13:30	13:40	13:40	14:00
14:00	14:10	14:10	14:30
14:30	14:40	14:40	15:00

Saturday

NAT C U15 Girls (No 1-12)	(12)
NAT C U15 Girls (No 13-23)	(11)
NAT C U15 Boys (No 1-4) & 15+ Male (No 1-9)	(13)
NAT C 15+ Male (No 10-23)	(14)
NAT C 15+ Female (No 1-12)	(12)
NAT C 15+ Female (No 13-24)	(12)
NAT C 15+ Female (No 25-36)	(12)
Judges Lunch (1hr)	
Judges Lunch (1hr)	
NAT C U15 Girls (Final)	
NAT C U15/15+ Boys (Final)	
NAT C 15+ Female (Final)	

Sunday

FIG B U15 Girls (No 1-6) & 15+ Female (No 1-6)	(12)
FIG B 15+ Female (No 7-20)	(14)
FIG B U15 Boys (No 1-3) & 15+ Male (No 1-6)	(9)
FIG B 15+ Male (No 7-16)	(10)
FIG A Ladies (No 1-10)	(10)
FIG A Men (No 1-9)	(9)
Judges Lunch (1hr)	
Judges Lunch (1hr)	
FIG B U15/15+ Boys (Final)	
FIG B U15 Girls (Final)	
FIG B 15+ Female (Final)	
FIG A Ladies (Final)	
FIG A Men (Final)	

Sunday Timetable

Warm-up		Competition	
Start	Finish	Start	Finish
09:00	09:10	09:10	09:30
09:30	09:40	09:40	10:00
10:00	10:10	10:10	10:30
10:30	10:40	10:40	11:00
11:00	11:10	11:10	11:30
11:30	11:40	11:40	12:00
12:00			
12:30			
13:00	13:10	13:10	13:30
13:30	13:40	13:40	14:00
14:00	14:10	14:10	14:30
14:30	14:40	14:40	15:00
15:00	15:10	15:10	15:30